

Clinical Tools and Intervention Pathway: Orientation

HALF-DAY ONLINE COURSE | 9:30am–12:30pm

No previous KASPR training required

ABOUT THE COURSE

Ketamine-related difficulties may not be fully recognised through conventional substance-use screening. Early physical, cognitive, psychological and behavioural changes can appear separately, yet interact to create increasing harm and instability.

This clinical orientation introduces the KASPR framework for understanding emerging ketamine-related harm, recognising sentinel symptoms and red flags, and selecting proportionate responses. Participants are introduced to the KASPR Assessment, which considers Exposure, Drivers and Harm; the four-tier intervention pathway; and the KASPR Change Snapshot for monitoring ketamine-related impact and day-to-day stability over time.

Using illustrative case discussions, the course connects recognition, assessment, intervention decisions and review. It provides an overview of the clinical system rather than detailed training in individual psychosocial interventions.

WHO IS THIS COURSE FOR?

Drug and alcohol practitioners, recovery workers, mental health professionals, clinical leads, service managers and other professionals supporting people experiencing ketamine-related difficulties.

LEARNING OUTCOMES

- 01 Recognise sentinel symptoms, emerging patterns of ketamine-related harm and clinical red flags.
- 02 Explain how KASPR brings together Exposure, Drivers and Harm to support assessment and clinical decision-making.
- 03 Identify appropriate responses across the four-tier KASPR intervention pathway.
- 04 Describe how the KASPR Change Snapshot can support review of harm, stability and recovery over time.

Half-day programme

9:30am–12:30pm | Interactive online delivery

TIME	SESSION	FOCUS
9:30–9:50	Recognising ketamine-related problems	Conventional screening challenges and the distinctive presentation of ketamine-related harm.
9:50–10:20	Sentinel symptoms and emerging harm	Early warning signs across interacting clinical systems and changes in functioning.
10:20–10:45	Progression and clinical red flags	Recognising increased complexity and when further assessment or medical input is indicated.
10:45–11:00	Break	
11:00–11:30	KASPR Assessment	Introduction to Exposure, Drivers and Harm and their role in clinical decision-making.
11:30–12:00	Four-tier intervention pathway	Selecting proportionate intervention responses and recognising the need for coordinated care.
12:00–12:20	KASPR Change Snapshot	Monitoring ketamine-related negative impact, life stability and changing recovery needs.
12:20–12:30	Integration and questions	Bringing together recognition, assessment, intervention choices and review.

DELIVERY AND LEARNING

Interactive online teaching combines short presentations, facilitated discussion, clinical-tool demonstrations and case-based decision-making. The course follows the KASPR approach: Understand → Decide → Track.

WHAT'S INCLUDED

- Detailed training pack and supporting learning materials
- Access to additional free online training and learning support
- Certificate of completion

COURSE INFORMATION

Delivery: Online only | Duration: 3 hours | Previous KASPR training: Not required

Fees: Available on enquiry.

The assessment and outcome tools remain subject to ongoing development and evaluation. Routine organisational use of these tools requires separate licensing and implementation arrangements.

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